The Doula services are offered in Packages although an hourly service is available on request.

5 hour packages /10 hour packages /15 hour packages Prices available on request

All packages will include services requested at time of the written agreement and may vary according to individual needs.

Further packages may be added as requested and as needs and circumstances change.

Member of the Australian Doula College

One hour free consultation to discuss if this service is of assistance to you.

Call today to arrange a free consultation to discuss your needs.
Ph. 0433063248



Lynette brings Love and Compassion to all she serves with a special interest in Dementia Care

Doula In Aged Care



Advocacy
Support
Compassion
Information
Conscious Choices
Friendship
Love

Phone 0433063248

Doula In Aged Care is an emerging role sometimes referred to as Death Doula or End of Life Doula. Doula is a Greek word meaning "person of service."

The role of the Doula is a non medical role providing support, resources and options to people living with a life limiting diagnosis, or those planning for, or approaching their end of life

WHY DID LYNETTE CHOOSE TO BECOME AN END OF LIFE DOULA?

After over 30 years of experience working in healthcare as a Registered Nurse, Natural Therapies and most recently in Dementia Care Lynette is passionate about End of Life care and our human right to experience a Good Death. She recognises the deep human need for connection for all participating in the end journey and will advocate, support and guide you through this often diffcult and challenging time.

Lynette is passionate about working with people experiencing dementia and their families. She connects at the heart and intuitively works to meet their unique needs recognising the challenges that Dementia may present for residents and family.

- Phone Consultation and Support
- Family and "support team" assistance
- Personal 1:1 and vigil presence for the person at the end of life
- Coordination of services and care communicating with appropriate care teams in facility
- Attending Doctors appointments and Case Conferencing as support and advocate for resident and family.
- Support in arranging after death care, ceremony, support for the family as requested
- Bring "Home" to where the person is ensuring the death is personal, and intimate according to the dying person's wishes.



As a transitional Doula Lynette can assist those moving from home care to aged care to settle and become more comfortable with their surrounds more quickly. A familar face during that initial settling can help everyone to relax and know that person's needs are advocated and in place.

My Mission is to offer a Soul Centred Professional Doula Service in Aged Care to "bridge the gap" and to ensure families and residents are empowered and informed regarding all care and choices before and after death enabling our elder community and their "family" to experience a meaningful death.